

**Base Menu Spreadsheet**

Portion Values

Jun 1, 2024 thru Jun 8, 2024

**Menu Name:** Elementary Lunch  
**Site:**  
**Use Alternate Menu Name:** No

**Include Cost:** No  
**Report Style:** Detailed

**Monday - 06/03/2024 Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000403 Hot Dog on a Wheat Bun	1 Hot Dog	1	262	4.00	650	*N/A*	*N/A*	12.50	0.00	25	26.52	0.00	11.18	0	50.3	0.00	2.02
000315 Baked Chips-Selection Varies	1 Bag	1	130	0.00	200	*N/A*	*N/A*	2.00	0.00	0	26.00	2.00	2.00	0	20.0	2.40	0.36
000082 Veggies	2-4 oz portion	1	20	0.00	0	*N/A*	*N/A*	0.20	0.00	0	4.00	1.50	1.00	*N/A*	*N/A*	*N/A*	*N/A*
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
Weighted Daily Average			647	5.50	1180	*18	*0	17.40	*0.00	45	92.02	*5.00	30.68	*150	*650.3	*2.40	*2.48
% of Calories				7.65%		*11.1%	*0%	24.2%	*0.0%		56.9%		19.0%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

**Tuesday - 06/04/2024 Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000414 Turkey Sandwich on Wheat	Sandwich	1	331	8.01	1542	*1	*N/A*	14.56	0.00	50	33.22	*2.42	20.31	842	244.7	3.16	2.28
000810 Chips-Selection Varies	Bag	1	210	1.50	125	*N/A*	*N/A*	12.00	0.00	0	23.00	2.00	3.00	0	20.0	6.00	0.72

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	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000352 Seasonal Vegetables	2/3 Cup	1	36	1.18	28	*0	*N/A*	1.87	0.08	5	4.00	2.00	0.69	3057	0.6	20.00	0.96
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
Weighted Daily Average			812	12.19	2026	*19	*0	31.13	*0.08	75	95.72	*7.92	40.50	*4049	*845.3	*29.16	*4.06
% of Calories				13.51 %		*9.4%	*0%	34.5%	*0.1%		47.2%		20.0%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

**Wednesday - 06/05/2024**

**Reimbursable Meal Total 1**

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
000390 Bagel - McKenzie	Bagel	1	230	0.00	390	*N/A*	*N/A*	2.00	0.00	0	44.00	2.00	8.00	0	0.0	0.00	0.00
000306 Cream Cheese Cup	1 oz cup	1	50	3.00	80	*N/A*	*N/A*	5.00	0.00	15	2.00	0.00	1.00	0	0.0	0.00	0.00
000763 Jelly Cup	1/2 oz	1	35	0.00	0	*N/A*	*N/A*	0.00	0.00	0	9.00	0.00	0.00	0	0.0	*N/A*	0.00
000304 Fresh Fruit	2-4 oz	1	25	0.00	0	*N/A*	*N/A*	0.20	0.00	0	5.50	1.50	0.50	*N/A*	*N/A*	*N/A*	*N/A*
000352 Seasonal Vegetables	2/3 Cup	1	36	1.18	28	*0	*N/A*	1.87	0.08	5	4.00	2.00	0.69	3057	0.6	20.00	0.96
990072 String Cheese	1	1	90	5.00	180	0	*N/A*	6.00	0.00	20	1.00	0.00	7.00	*N/A*	198.0	*N/A*	0.06
000837 1% Low Fat Milk	1 Carton	1	100	1.50	120	*N/A*	*N/A*	2.50	*N/A*	15	11.00	*N/A*	8.00	0	290.0	0.00	0.00

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Portion Values

Jun 1, 2024 thru Jun 8, 2024

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
990073 MILK,CHOC,LOWFAT, 1%	1	1	110	0.00	210	18	*N/A*	0.00	*N/A*	5	19.00	0.00	8.00	150	290.0	0.00	0.10
Weighted Daily Average			676	10.68	1008	*18	*0	17.57	*0.08	60	95.50	*5.50	33.19	*3207	*778.6	*20.00	*1.12
% of Calories				14.22 %		*10.7%	*0%	23.4%	*0.1%		56.5%		19.6%				
Weekly Nutrient Guideline			550 - 650	<10	1110			<=0									

	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vlt-A (IU)	Calc <sup>m</sup> (mg)	Vit-C (mg)	Iron (mg)
Weighted Averages	712	9	1405	*18	*0	22.03	*0.05	60	94.41	*6.14	34.79	*2469	*758.1	*17.19	*2.55
% of Calories		11.96%		*10.1%	*0%	27.8%	*0.1%		53.0%		19.5%				

Nutrient	Menu Average	% of Cals	Weekly Target	% of Target	Shortfall	Overage	Missing Data	Error Messages (if any)
Calories	712		550-650	110%		62.00		Correction Required - Calories too High
Saturated Fat	9.46 g	11.96%	<10.000%			1.97%		Correction Required - Sat. Fat too High
Sodium	1405 mg		1110.000	127%		295.00		Correction Required - Sodium too High
Total Sugars	*18 g	*10.1%					Missing Data	
Added Sugars	*0 g	*0%					Missing Data	
Total Fat	22.03 g	27.8%						
Trans Fat	*0.05 g	*0.1%					Missing Data	
Cholesterol	60 mg							
Carbohydrate	94.41 g	53.0%						
Fiber	*6.14 g						Missing Data	
Protein	34.79 g	19.5%						
Vitamin A	*2469 IU						Missing Data	
Calcium	*758.1 mg						Missing Data	
Vitamin C	*17.19 mg						Missing Data	
Iron	*2.55 mg						Missing Data	

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## Portion Values

Jun 1, 2024 thru Jun 8, 2024

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*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

*<sup>1</sup> - denotes required nutrient values*

*<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.*

**NOTICE:** *The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*